



Authorized OSHA Trainer



As a Certified OSHA Outreach Trainer, our OSHA 10/30 hour seminars have been developed to help your company develop an awareness and keep you abreast of the latest industry safety requirements and standards.

Please Click Course for additional information

<u>Course</u>	<u>Requirement Number</u>
<u>OSHA 10/30 Hour Training</u>	29 CFR 1926.21
<u>Excavation and Trenching Methods</u>	29 CFR 1926.650 - .652
<u>Confined Space Standards</u>	29 CFR 1926.650 - .652
<u>Fire Protection</u>	29 CFR 1926.150 - .159
<u>Hazard Communication Requirements and Practices</u>	29 CFR 1926.50 - .66
<u>Record Keeping Procedures</u>	29 CFR 1904
<u>Competent Person Recognition</u>	29 CFR 1926.21
<u>Heavy Equipment Operation and Safety Methods</u>	29 CFR 1926.600 - .606
<u>Fleet Safety Standards</u>	49 CFR PARTS 40,300-399
<u>Lockout/Tagout Procedures and Methods</u>	29 CFR 1910.147
<u>Personal Protective Equipment</u>	29 CFR 1926.95 - .107
<u>Stairway/Ladder Practices and Standards</u>	29 CFR 1926.1050 - .1059
<u>Scaffolding Procedures and Safety Standards</u>	29 CFR 1926.450 - .454
<u>Drug and Alcohol Testing</u>	49 CFR PART 382
<u>Welding and Cutting Standards</u>	29 CFR 1926.350 - .354
<u>High Lift/Forklift, Telescopic Handler Inspection</u>	29 CFR 1926.600 - .606
<u>Fall Protection and Safety Issues</u>	29 CFR 1926.500-.503

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